



GMC CONNECT

GANDHI MEDICAL COLLEGE BHOPAL

PLATINUM JUBILEE YEAR 2025



"CELEBRATING LEGACY.
INSPIRING TOMORROW."

NEWSLETTER
JULY 2025

यादों के झरोखे :



Old View
of GMC building
(Year 1975)



Old Aerial
View from
Upper Lake



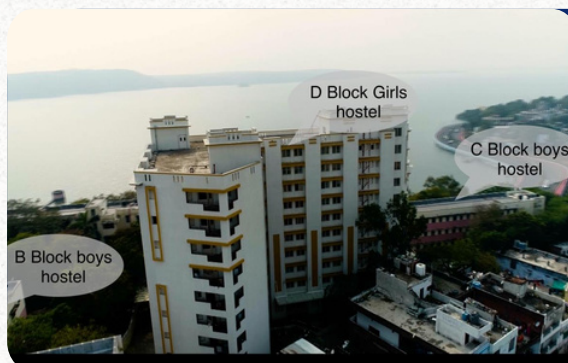
Recent
Aerial View
from Upper
Lake



New view of
GMC building
(Year 2025)



Recent Aerial
View of
Associated
Hospitals



Recent
View of
Hostel C
& D Block

GMC LEGACY BUILDERS

HONOURING ALUMNI WHO INSPIRE THROUGH THEIR GENEROUS CONTRIBUTIONS



Name : Dr. G.D Tiwari
Batch : 1972
Contribution : 2,50,000



Name : Dr. Ajay Mehta
Batch : 1983
Contribution : 2,50,000



Name : Dr. Bhupendra Shrivastava
Batch : 1985
Contribution : 2,50,000



Name : Dr. Deepika Singh
Batch : 1970
Contribution : 1,00,000



Name : Dr. K.C Dubey
Batch : 1970
Contribution : 1,00,000



Name : Dr. G.S Choubey
Batch : 1972
Contribution : 1,00,000



Name : Dr. Yogiraj Sharma
Batch : 1973
Contribution : 1,00,000



Name : Dr. Sanjay Gupta
Batch : 1984
Contribution : 1,00,000



Name : Dr. Rajneesh Jain
Batch : 1985
Contribution : 1,00,000



Name : Dr. Kamlesh Jha
Batch : 1988
Contribution : 1,00,000



Name : Dr. Shubhra Ghosh
Batch : 1988
Contribution : 1,00,000



Name : Dr. N. D. Gargav
Batch : 1965
Contribution : 1,00,000



Name : Dr. K. S. Budhwani
Batch : 1969
Contribution : 1,00,000



Name : Dr. Arun Kumar Gupta
Batch : 1972
Contribution : 1,00,000



Name : Dr. Sandeep Sharma
Batch : 1982
Contribution : 1,00,000

This list includes contributions received up to last week and will continue to grow as more alumni join this journey of giving.

KNOWLEDGE & REFLECTIONS



PROF. DR. SUSHMA ACQUILLA (BATCH 1966)
FRCP, FFPHM, ILTHM, MILM, DCH, FRSM, LRCP, MRCS

Professor Sushma Acquilla is a globally recognized public health leader, with a distinguished career spanning over four decades in the UK's National Health Service (NHS). She held key leadership positions including Program Director for the National Public Health Leadership Program, Postgraduate Dean for multiple Deaneries, and Director of Public Health. Her work has shaped the careers of hundreds of public health professionals in the UK.

Beyond the NHS, Professor Acquilla has made exceptional contributions to international public health. She has served as Chair of the BMA Conference Committee, Vice Chair of the Global Health Committee of the Royal College of Physicians, and International Faculty Advisor to the Faculty of Public Health (UK). She has advised WHO, the Indian Ministry of Health, and the Public Health Foundation of India, and led major initiatives in India, Europe, and the Middle East to develop competency-based public health training.

Her work has earned her numerous accolades, including the Wilfred Harding Prize, Lifetime Achievement Medals in Global Health, and the Baum Prize for her role in the Bhopal disaster investigation. She continues to serve as Director of SDAcquilla Consultancy, Managing Director of Bellevue Health Care, and holds leadership roles in community organizations. Her career reflects a lifelong commitment to public service, global health advancement, and medical education.

DR. DEEPAK LACHHWANI (BATCH: 1982)

Dr. Lachhwani is a dedicated clinician who has pursued his passion for pediatric epilepsy for over two decades. At the Cleveland Clinic, his work has combined high-level clinical care with a commitment to medical education and research. He has made significant contributions to pediatric epilepsy surgery, trained numerous residents and fellows, delivered invited lectures globally, and authored research papers, book chapters, and editorials in the field.



He has been actively involved with the American Epilepsy Society (AES), holding several key roles. Notably, he co-chaired the inaugural Pediatric Highlights Session at AES 2004, which has since become a mainstay of the annual meeting. He also served as editor of AES News and contributed to committees focused on pediatric content, scientific programming, and communications.

From 2014 to 2018, Dr. Lachhwani led the development of a comprehensive neurology service at Cleveland Clinic Abu Dhabi (CCAD). Under his leadership, the neurology department expanded into a fully staffed 24/7 service across major subspecialties. He also established the first International Virtual Epilepsy Monitoring Unit in collaboration with Cleveland Clinic USA, and chaired the region's pioneering Conflict of Interest and Innovations Management Committee. Through these roles, he continues to advance care and innovation in the global epilepsy community.



DR. AMIT SOOD (BATCH 1984)

Dr. Amit Sood is an internationally acclaimed physician, researcher, and wellness expert whose career spans premier institutions across India and the United States. After earning his MBBS from Barkatullah University and completing an MD in Medicine at AIIMS New Delhi, he moved to the U.S., where he trained at the Albert Einstein College of Medicine and later at the University of Arizona. He joined the Mayo Clinic in 2005, becoming a full Professor of Medicine by 2013. At Mayo, he led the Mind-Body

Medicine Initiative and served as enterprise chair for student life and wellness. He currently serves as CEO of the Global Center for Resiliency and Well-being and holds fellowships with Atria Health and UC Berkeley.

A pioneer in the field of stress and resilience, Dr. Sood has developed widely adopted programs like SMART®, Resilient Option, and Happy Genius. His interventions, tested in over 35 clinical trials, are used by major institutions including Mayo Clinic, Delta Air Lines, PepsiCo, and NYP Health System, impacting over 250,000 people annually. His NIH-funded research focuses on burnout, mindfulness, well-being, and emotional resilience across populations.

Dr. Sood has authored more than 80 scientific publications and several bestselling books, including The Mayo Clinic Guide to Stress-Free Living and The Resilience Journal. His work has been featured in The New York Times, Wall Street Journal, Time Magazine, and NPR. A celebrated speaker, he has presented at TEDx, NASA, the Forbes Under 30 Forum, and more. His contributions have earned him numerous honors, including the Mayo Clinic's Outstanding Physician-Scientist Award and the Robert Wood Johnson Health Care Pioneer Award.

MESSAGE FROM OUR SENIORS :



Dr. H.H. Trivedi Sir (Batch: 1960)

It fills my heart with immense joy to see the Gandhi Medical College Alumni Association working with such dedication and passion during this Platinum Jubilee year. Their tireless efforts to strengthen our alma mater in multiple dimensions, from infrastructure to academic enrichment are truly commendable.

I pray to the Almighty to bless this noble mission with great success. This is a golden opportunity for all of us alumni, teachers, and well-wishers to come together and contribute wholeheartedly. With collective effort, GMC can once again rise to greater heights and earn the recognition it truly deserves on national and global platforms.

I have always stood with our alumni in their vision, and I continue to extend my full support for this transformative journey. May our beloved institution shine ever brighter in the years to come.



Dr. Nirbhay Shrivastava (Batch: 1966)

In its infancy, Gandhi Medical College operated out of the Polytechnic College, with the hostel located in Jehanuma Palace and a small Hamidia Hospital with only a few beds. Today, GMC is proud to be associated with the 2000-bedded Hamidia Hospital, offering services across various specialties. There will be countless stories to share—both from the fresh MBBS graduates of 2024 and from the stalwarts who joined in 1954–55. 'GMC Connect' will serve as a bridge and platform for these generations of alumni to come together. The dedication and enthusiasm of the GMC Alumni office bearers is truly commendable. Looking forward eagerly to the Platinum Jubilee Celebrations!



Dr. D.K Satpathy (Batch: 1969)

GMC एलुमनी केवल एक संगठन नहीं, बल्कि एक परिवार है। यह एक गुरुकुल है, जहाँ का हर छात्र और हर गुरु आपस में भाई समान हैं। यहाँ के प्रत्येक छात्र ने GMC की संस्कृति और संस्कारों में शिक्षा पाई है।

हमारे संस्कारों का मूल है — मरीजों के प्रति सेवा भाव, समर्पण, और समाज के प्रति कर्तव्य-बोध। अपने अग्रजों के प्रति आदर और स्नेह, तथा गुरुजनों के प्रति हृदय से प्रेम और नमन — यही हमारी परंपरा है।

निकट भविष्य में संपन्न होने वाले आगामी आयोजनों की भव्यता और सफलता की हम हार्दिक कामना करते हैं।



Dr. K.S Budhwani (Batch: 1969)

I am proud to be associated with Gandhi Medical College, Bhopal —first as a student, then as a faculty member, and now as an alumnus. It is heartening to witness the remarkable improvement in the infrastructure of Hamidia Hospital and the overall growth of our institution.

As we prepare to celebrate the Platinum Jubilee of our alma mater, I am confident it will be a grand and memorable event. The organizers are working tirelessly to ensure its success, and I extend my best wishes to them.

कविता : सुनहरे पल (गाँधी चिकित्सा महाविद्यालय, भोपाल को याद करते हुए)

थोड़ी सी चढ़ाई लिए
आगे बढ़ती श्यामली सपाट सड़क
जिस मोड़ पर आकर ठिठकती थी
वहीं से शुरू हो जाती थी
दास्ताँ उस हल्की गुलाबी गुनगुनाती इमारत की
जो आधी सदी से खड़ी हुई थी
धीर-गंभीर, सौम्य मुस्कुराहट के साथ
दुलारते, निहारते लगभग आगोश में लेते हुए
अपने सैकड़ों शागिर्दों को
जो अब भी उसे उतने ही प्यार से
अधिकार से देखते थे
जितना कि शुरुआती
छोटे/सहमे कदमों से नापा था इसके आँगन को
जब जी भर सिर उठा कर भी
ना देख पाए थे उसे

फिर आगन्तुक कदमों में जब
स्थिरता आयी और निरंतरता भी
तब इस दोस्ती का रंग दिखायी
देने लगा चहुँओर
बाहर पत्थर के टीलों की बैठक
सब समेटे अपने में-आह्वान भी, सुंदरता भी
मंदिर भी, मस्जिद भी
और अंदर इमारत की भव्यता
शिष्य से प्रशिक्षु और फिर चिकित्सक बनाने की
अजीब सी कौतुहल भरी जादूगारी
चौतरफा फैले गोलाकार गलियारों के बीच
कई सीढ़ियों से साक्षात्कार करते हुए
अनेकानेक विषयों को आत्मसात करते
समझते, जूझते, पढ़ते

मृतकया की रासायनिक गंध से सराबोर होते
कनिष्ठ, वरिष्ठ गुरुजनों से
हमकदम होते, सीखते
गूढ़, जटिल, स्थूल किताबों में डूबते
उस इमारत के चप्पे-चप्पे में
सैकड़ों पलों को जीते
अनेक सत्रों में आवाजाही करते,
समय दौड़ता रहा पंख लगाये

दूर लंबाई में फैली स्तब्ध शांति-पुस्तकालय की
किताबों की क़तारों के बीच
झुके हुए सिर पढ़ते-बतियाते
पढ़ने की कोशिश करते या समय को गिनते
कुछ दूरी पर सिर्फ़ खेल-मस्ती
आमोद-प्रमोद, ठहाकों और ढेर सी
खुराफ़ातों में व्यस्त बैठकों का ख़ाका खींचते
छात्र-छात्रायें

मुख्यद्वार के मुहाने पर
ट्रैफिक पुलिस की भाँति बैठे लड़के,
शायद कॉलेज का पूरा दिन
अपनी इस ज़िम्मेदार पोस्ट पर निकाल देते
और इन सबको दिन भर निहारती
बापू की शांत मूर्ति सिर्फ़ हल्की सी मुस्कुराती

कैंटीन में रोज़ाना की चौपाल
सालाना जलसों की बाट जोहता
ऑडिटोरियम-सज्जित, सुरक्षित,
विद्यार्थियों की सुरताल का साथी
गुलाबों से आच्छादित एक छत
जहाँ की पहुँच थोड़ी मुश्किल
मॉर्चरी की महक-एक परीक्षा लेती हुई
क्रीड़ा के आँगन-इमारत के अंदर भी
बाहर भी, पिछवाड़े में भी
सुदूर ताल को एक पहचान देती हुई
पहरदार भव्य इमारत
कई मुक़ामों की हमसफ़र
कई कहानियों की राज़दार
और छत से ज़रा सा नीचे
वो दो कक्ष -इम्तिहान के, जाँच-पड़ताल के
सिहरन दौड़ाते, परखते, बुलाते
खिंचे हुए कदमों को, मौक़े बेमौक़े
कदम दर कदम आगे बढ़ने की
मंज़िल दिखाते

बेहिसाब भावनाओं को बेतरतीबी से संभाले
नहीं एक पल भी रुकी इस सफ़र में
वो गुलाबी इमारत, जो सुनहरी हो चली अब
मुड़े पीछे सब हम, चले उस सड़क पर
जहाँ से शुरू थे, कदम दर कदम सब
करें इसका वंदन और अभिनंदन !!!

- डॉ अतुल कटारिया
1981 बैच.

ALUMNI @ WORK.. अभी तक:

1. Launch of E-Connect – Alumni Magazine

June 21, 2025 | Gandhi Medical College, Bhopal

The first edition of E-Connect, the official alumni magazine of Gandhi Medical College, Bhopal, was formally launched on June 21, 2025. This landmark initiative aims to strengthen the connection between alumni and their alma mater by showcasing inspiring journeys, institutional updates, outreach activities, and shared memories. The launch event marked the beginning of a new platform for celebrating achievements, fostering engagement, and preserving the legacy of GMC's vibrant alumni community.



2. A Memorable Day at the Alumni Office

This was a heartwarming and nostalgic moment for all of us, as some of the most senior and founding members of the VOH Alumni of Gandhi Medical College graced our Alumni Office with their presence. Their visit was not just a walk down memory lane, but a reaffirmation of their enduring commitment to our beloved alma mater. In an atmosphere filled with reverence and camaraderie, they shared fond recollections, appreciated the ongoing



efforts for GMC's upliftment, and wholeheartedly pledged their support for the Platinum Jubilee celebrations and year-round programs. Seated from left to right:

Dr. Bhanu Dubey, Dr. N.D. Gargave, Dr. S.C. Jain (all from the first batch of GMC), Dr. H.H. Trivedi, Dr. G.D. Tiwari.

Standing: Dr. Ramesh Madhav, Dr. Lalit Shrivastava, Dr. Ajay Mehta, Dr. Kuldeep Gupta.

Their presence rekindled the spirit that binds generations of doctors from GMC — a legacy of service, pride, and unity.

3. State-Level Sickle Cell Anemia Sensitization Program June 5, 2025 | Gandhi Medical College, Bhopal

A state-level sensitization program on Sickle Cell Anemia was organized on June 5, 2025, graced by the esteemed presence of Honourable Shri Mangu Bhai Patel Ji, Governor of Madhya Pradesh, as the Chief Guest. The event was further dignified by Shri Rajendra Shukla Ji, Deputy Chief Minister of Madhya Pradesh, and Shri Alok Sharma Ji, Member of Parliament, Bhopal, as Special Guests.



Honourable Governor Shri Mangu Bhai Patel Ji appreciated the commendable efforts of the GMC Alumni Association for their dedicated work towards combating Sickle Cell Disease in Madhya Pradesh. He also interacted with students and patients from GMC living with Sickle Cell Disease and offered his blessings for the continued success of such noble initiatives.

4. Blood Donation Drive June 14, 2025 | Gandhi Medical College, Bhopal

On the occasion of World Blood Donor Day, a blood donation camp was organized on June 14, 2025, by the Alumni Association. The drive aimed to support and provide for the needs of patients at Hamidia Hospital. The event witnessed enthusiastic participation from students, doctors, and alumni, highlighting the spirit of service and solidarity within the GMC community.



5. Free Health Camp – Prem Nagar Slum Area July 6, 2025 | Bhopal

A free health awareness and medical camp was organized on July 6, 2025, in the Prem Nagar slum area by the Alumni Association, in collaboration with the Junior Doctors' Association, Madhya Pradesh. The initiative aimed to extend healthcare access to underserved communities.

During the camp, doctors under the leadership of JDA President Dr. Kuldeep Gupta, provided medical consultations and educated beneficiaries on the importance of healthy lifestyle practices and dietary modifications to promote long-term well-being. The event received an encouraging response from the local community and reflects the alumni's continued commitment to public health outreach.



6. Doctor's Day Celebration - July 1, 2025 |

Gandhi Medical College, Bhopal

A "Doctor's Felicitation Ceremony" was held at Gandhi Medical College, Bhopal, on the occasion of National Doctor's Day - July 1, 2025, to honour distinguished individuals for their exceptional contributions to the field of medicine.

On this occasion, Honourable Deputy Chief Minister Shri Rajendra Shukla Ji felicitated eminent personalities from the medical fraternity with shawls and mementos acknowledging their dedicated service and achievements in healthcare.

Tentative Program Schedule: GMC Alumni Mahakumbh

Dear Alumni,

With great pride and anticipation, we are pleased to share the tentative schedule for the much-awaited GMC Alumni Mahakumbh, a landmark celebration of the Platinum Jubilee of our beloved Gandhi Medical College, Bhopal.

While the final schedule will be shared in due course, here's a tentative outline of the two-day celebration to help you plan your participation. Please note that changes may occur, and all updates will be communicated through your respective Batch Coordinators.

Day 1: 20th December, 2025

📍 **Venue:** Gandhi Medical College (Day),
Ashoka Lake View Hotel (Evening)

Morning Session

Inaugural Ceremony at Gandhi Medical College – Formal commencement of the Mahakumbh with dignitaries, respected faculty and alumni.

Afternoon Session

Interactive Alumni Session – A heartfelt space for sharing memories, acknowledging contributions, and shaping a collective vision for GMC's future.

Evening Session

Grand Musical Night – A live celebrity performance at Ashoka Lake View Hotel to celebrate our bond and spirit in a vibrant atmosphere.

Day 2: 21st December, 2025

📍 **Venue:** Gandhi Medical College Campus

Full-Day Carnival & Batch-wise Interaction

A day full of reconnections! Alumni will engage in batch-wise interactions, enjoy a vibrant campus carnival featuring cultural exhibits, food courts, fun activities and informal discussions - all curated to ensure that alumni remain immersed within the campus spirit throughout the day.

Scientific session:

Interactive scientific session for overseas and GMC alumni on Medical updates in New LT-3 by reputed alumni of GMC. Topic and other details will be disclosed later.

Evening Session :

GMC Orchestra Night - A soulful musical performance by current students and alumni artists, echoing the emotion, history and pride of GMC.

Important Note for All Alumni:

Please stay in touch with your Batch Coordinator for real-time updates and event details.

You can now view your batch details on the official website of the GMC Alumni Association – Platinum Jubilee Celebration: www.alumniofgmc.org

To update your batch details, contact your Batch Coordinator or Alumni Team on the Mobile No.: **+91 7225020546**.

We welcome your suggestions to make this celebration truly memorable.

Let's unite once again - to honor our roots, strengthen our bond, and pass the legacy forward. Join us in making this Mahakumbh a celebration of life, learning, and lasting connections.

– GMC Alumni Association

ENDING NOTE :

Dear all,

There have been many discussions and suggestions recently. We wish to humbly share this:

We are all united in our efforts to support our beloved Gandhi Medical College. Contribution is not just financial - it is symbolic of our commitment and legacy. Through this support, we send a clear message to our juniors and future batches: the GMC Alumni are here - to support, to solve and to strengthen.

Many students have asked, "What is the Alumni Association doing for GMC?"

This is our moment to show that we care and in doing so, encourage them to join hands in this ongoing journey.

Important Note on Contributors:

In this and upcoming GMC News Connect, we will be publishing a list of contributors who have donated more than ₹1 lakh. This is not an act of glorification, but a way to recognize them as legacy builders. Their names will serve as inspiration to others - not as a show of status, but as a sign of dedication and belonging to the GMC family.

Let's all come together to build something lasting - not just for today, but for the generations to come.

Thank you for your continued support.
- GMC Alumni Team



Edited by:

Dr. Siddharth Kimtee
(M.D Community Medicine)

Siddhartha Kumar Rai
(Batch 2022)

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